## References and Notes for Slide Program: "Health Literacy, Plain Language, and Clear Health Communication" by Sue Stableford, MPH, MSB

Note: All URLs are current as of June 2020

Slide Number	References and Notes
3	Health literacy has been defined in many different ways by professional groups. The skills listed here are acknowledged by many groups as those needed by adults to manage their health and navigate the healthcare system. See for example: Ruth Parker & Scott C. Ratzan. Health Literacy: A Second Decade of Distinction for Americans. <i>Journal of Health Communication</i> . 2010;15 (S2):20-33. https://doi.org/10.1080/10810730.2010.501094
4 & 5	Kutner M et al. <i>Literacy in Everyday Life: Results from the 2003 National Assessment of Adult Literacy</i> . U.S. Department of Education. Washington DC: National Center for Education Statistics; 2007. <a href="https://nces.ed.gov/Pubs2007/2007480_1.pdf">https://nces.ed.gov/Pubs2007/2007480_1.pdf</a>
6 & 7	Kutner M, Greenberg E, Jin Y, & Paulsen C. <i>The Health Literacy of America's Adults: Results from the 2003 National Assessment of Adult Literacy</i> . U.S. Department of Education. Washington DC: National Center for Education Statistics; 2006. <a href="https://nces.ed.gov/pubs2006/2006483.pdf">https://nces.ed.gov/pubs2006/2006483.pdf</a>
8	Organization for Economic Cooperation and Development – Statistics Canada. PIAAC is a multi-country Program for the International Assessment of Adult Competencies. Reports can be found here: <a href="https://www.oecd.org/skills/piaac/">https://www.oecd.org/skills/piaac/</a>
11	Koh H et al. New Federal Policy Initiatives to Boost Health Literacy Can Help the Nation Move Beyond the Cycle of Costly 'Crisis Care'. <i>Health Affairs</i> . 2012; 31(2). <a href="https://www.healthaffairs.org/doi/10.1377/hlthaff.2011.1169">https://www.healthaffairs.org/doi/10.1377/hlthaff.2011.1169</a>
12	Institute of Medicine. <i>Health Literacy: A Prescription to End Confusion</i> .  Washington, DC: The National Academies Press; 2004. <a href="https://www.nap.edu/catalog/10883/health-literacy-a-prescription-to-end-confusion">https://www.nap.edu/catalog/10883/health-literacy-a-prescription-to-end-confusion</a> Cudjoe J, Delva S, Cajita M, Han H. Empirically Tested Health Literacy
	Frameworks. <i>Health Literacy Research and Practice</i> . 2020; 4(1). <a href="https://www.healio.com/public-health/journals/hlrp/2020-1-4-1/%7Bd5f9ffc4-f">https://www.healio.com/public-health/journals/hlrp/2020-1-4-1/%7Bd5f9ffc4-f</a> <a href="https://www.healio.com/public-health/journals/hlrp/2020-1-4-1/%7Bd5f9ffc4-f">https://www.healio.com/public-health/journals/hlrp/2020-1-4-1/%7Bd5f9</a>
14	Baker DW et al. Health literacy and mortality among elderly persons. <i>Archives of Internal Medicine</i> . 2007; 167(14):1503-1509.

	file:///C:/Users/Owner/Downloads/ioi70075_1503_1509.pdf Brega AG et al. AHRQ Universal Precautions Toolkit, 2 <sup>nd</sup> Ed. Rockville MD: Agency for Healthcare Research & Quality; 2015. https://www.ahrq.gov/health-literacy/quality-resources/tools/literacy-toolkit/index.html
	Jack B et al. <i>Re-Engineered Discharge (RED) Toolkit</i> . Rockville, MD: Agency for Healthcare Research & Quality; 2013. <a href="https://www.ahrq.gov/patient-safety/settings/hospital/red/toolkit/index.html">https://www.ahrq.gov/patient-safety/settings/hospital/red/toolkit/index.html</a>
	Omachi TA, Sarkar U, Yelin EH et al. Lower Health Literacy is Associated with Poorer Health Status and Outcomes in Chronic Obstructive Pulmonary Disease. <i>J Gen Intern Med</i> . 2013; 28:74–81. <a href="https://link.springer.com/article/10.1007/s11606-012-2177-3">https://link.springer.com/article/10.1007/s11606-012-2177-3</a> (see also a JGIM special issue on Health Literacy focused on research documenting impacts of limited health literacy — August 2006:21(8).
	Wu J-R et al. Health literacy mediates the relationship between age and health outcomes in patients with heart failure. <i>Circulation: Heart Failure</i> . 2016; 9(1). <a href="https://www.ahajournals.org/doi/epub/10.1161/CIRCHEARTFAILURE.115.0">https://www.ahajournals.org/doi/epub/10.1161/CIRCHEARTFAILURE.115.0</a> 02250
16	U.S. National Institutes of Health. <i>Plain Language: Getting Started or Brushing Up</i> ; 2013. <a href="https://www.nih.gov/sites/default/files/institutes/plain-language/nih-plain-language-getting-started-brushing-up.pdf">https://www.nih.gov/sites/default/files/institutes/plain-language/nih-plain-language-getting-started-brushing-up.pdf</a>
	See also Centers for Disease Control and Prevention extensive resources and training programs: <a href="https://www.cdc.gov/healthliteracy/">https://www.cdc.gov/healthliteracy/</a>
17	International Plain Language Federation. <a href="https://www.iplfederation.org/plain-language/">https://www.iplfederation.org/plain-language/</a>
18	Agency for Healthcare Research & Quality. <i>The SHARE Approach_Communicating Numbers to Your Patients: A Reference Guide for Health Care Providers</i> . Rockville MD: Agency for Healthcare Research & Quality; 2014. <a href="https://www.ahrq.gov/sites/default/files/wysiwyg/professionals/education/curriculum-tools/shareddecisionmaking/tools/tool-5/share-tool5.pdf">https://www.ahrq.gov/sites/default/files/wysiwyg/professionals/education/curriculum-tools/shareddecisionmaking/tools/tool-5/share-tool5.pdf</a>
	Institute of Medicine Roundtable on Health Literacy. <i>Health Literacy and Numeracy: Workshop Summary</i> . Washington DC: National Academies Press; 2014.

	https://www.nap.edu/catalog/18660/health-literacy-and-numeracy-workshop-s
	<u>ummary</u>
19	Anderson K, Leister S, DeRego R. The 5Ts for Teach Back: An Operational
	Definition for Teach-Back Training. <i>Health Literacy Research and Practice</i> .
	2020; 4(2).
	https://www.healio.com/public-health/journals/hlrp/2020-4-4-2/%7Be53582a4
	-aaa0-45d4-9d85-348aecdae33d%7D/the-5ts-for-teach-back-an-operational-de
	finition-for-teach-back-training.pdf
	See also the Teachback Training Toolkit: <a href="http://teachbacktraining.org">http://teachbacktraining.org</a>
20	American Medical Association. <i>Improving Communication – Improving Care</i> .
	An Ethical Force Program Consensus Report. Chicago, IL: American Medical
	Association; 2006.
	https://idainstitute.com/fileadmin/user_upload/documents/PCC_Resources/PC
	C Definitions/AMA Improving Communication Improving Care 01.pdf
	Institute of Medicine. <i>Organizational change to improve health literacy:</i>
	Workshop summary. Washington DC: The National Academies Press; 2013.
	https://www.nap.edu/download/18378
	Koh H et al. New Federal Policy Initiatives to Boost Health Literacy Can Help
	the Nation Move Beyond the Cycle of Costly 'Crisis Care'. <i>Health Affairs</i> .
	2012; 31(2). https://www.healthaffairs.org/doi/10.1377/hlthaff.2011.1169
	Posner K, Severson, J, Domino K. The role of informed consent in patient
	complaints: Reducing hidden health system costs and improving patient
	engagement through shared decision making. J of Healthcare Risk
	Management. 2015; 35(2). https://pubmed.ncbi.nlm.nih.gov/26418139/
	The Joint Commission. "What did the doctor say?:" Improving Health
	Literacy to Protect Patient Safety. Oakbrook Terrace, IL: The Joint
	Commission; 2007.
	https://www.jointcommission.org/-/media/deprecated-unorganized/imported-as
	<pre>sets/tjc/system-folders/assetmanager/improving_health_literacypdf.pdf?db=we</pre>
	b&hash=32078FE2F92B09026044BEA48ABC14BE
	The Joint Commission. Advancing Effective Communication, Cultural
	Competence, and Patient- and Family-Centered Care: A Roadmap for
	Hospitals. Oakbrook Terrace, IL: The Joint Commission; 2010.
	/ /

https://www.jointcommission.org/-/media/tjc/documents/resources/patient-safe ty-topics/health-equity/aroadmapforhospitalsfinalversion727pdf.pdf?db=web& hash=AC3AC4BED1D973713C2CA6B2E5ACD01B The National Academies of Sciences, Engineering, and Medicine. *Building the* case for health literacy: Workshop summary. Washington DC: The National Academies Press; 2018. [See esp. Appendix C, a white paper summarizing health outcomes, financial benefits, and other positive outcomes of health literacy programs.] https://www.nap.edu/download/25068 Trudeau C. Plain Language in Healthcare. What Lawyers Need to Know About Health Literacy. *Michigan Bar Journal*. October 2016; 36. http://www.michbar.org/file/barjournal/article/documents/pdf4article2968.pdf [See other articles by Christopher Trudeau about the connection between health literacy and legal issues: https://ualr.edu/law/faculty/faculty-members/christopher-trudeau/] U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. National Action Plan to Improve Health Literacy, Washington DC: 2010. https://health.gov/our-work/health-literacy/national-action-plan-improve-healt h-literacy 21 Berkman N et al. Health Literacy Interventions and Outcomes: An Updated Systematic Review. Rockville MD: Agency for Healthcare Research and Quality; 2011. https://www.ncbi.nlm.nih.gov/books/NBK82434/