

# NIHAN Geriatric Seminars for Older Adults & Caregivers



NIHAN GWEP offers free geriatric seminars for older adults, caregivers, and community-based organizations who provide cares to elderly patients. Various topics of the seminars are based on the 4Ms framework of Age-Friendly Health System to improve overall health of older adults. Each training is 60-minute, and participants will have an opportunity to ask questions to geriatric experts.

**Registration is required. [Click To Register](#)**

*Seminars are offered both in a classroom at UNLV Medicine Clinic and virtually via Google Meet.*

*Participants will receive a confirmation email with a link for the Google Meet upon registration.*

*Number of on-site attendance is limited to 10 or less to keep social distancing mandated by the State of NV Directive against the COVID-19.*

## Upcoming Seminars

- **Advance Care Planning**  
Instructor : Dr. Ji Yoo | 8/26/2020 | 4:00-5:00 PM
- **High-risk Medication: Pain and Opioid**  
Instructor: Gloria Mandel | 9/30/2020 | *Time TBA*
- **Telehealth 101**  
Instructor : Dr. Ji Yoo | 10/28/2020 | *Time TBA*
- **COVID-19 and Travel Guide**  
Instructor : Gloria Mandel | 11/25/2020 | *Time TBA*
- **High-Risk Medication: Sleep and Anxiety**  
Instructor : Dr. Ji Yoo | 12/30/2020 | *Time TBA*
- **Caregiving in Times like These**  
Instructor : Gloria Mandel | 1/27/2021 | *Time TBA*
- **No English, Help Me!**  
Instructor : Dr. Ji Yoo | 2/24/2021 | *Time TBA*
- **Which one? An Assisted Living or A Nursing Home? How about a Memory Care?**  
Instructor: Gloria Mandel | 3/31/2021 | *Time TBA*
- **Fall Prevention and Home Exercise**  
Instructor : Dr. Ji Yoo | 4/28/2021 | *Time TBA*
- **Group Home VS COPE (Community Options Program for Elderly)**  
Instructor : Gloria Mandel | 5/26/2021 | *Time TBA*
- **Nevada CAN and Local Resources**  
Instructor : Dr. Ji Yoo | 6/23/2021 | *Time TBA*

# August Seminar:

What Matters



## Advance Care Planning

*The August Geriatric Seminar will present Advance Care Planning (ACP). ACP is critical for older adults and their families who face an uncertain future with the concerns of increasing complex medical conditions. In 2019, one in ten elderly patients in the UNLV Medicine documented or discussed ACP. This figure is remarkably lower than the national ACP documentation rate, i.e. approximately 30%. Early ACP communication between patients and healthcare providers has been proven as a valuable factor of better health outcomes and higher quality of life. Dr. Yoo, NIHAN GWEP Program Director, will explain what ACP is, why it is important to consider ACP especially in the COVID-19 pandemic era, and how to document ACP and who to ask help to document ACP.*

### **Date/Time:**

**Wednesday, August 26, 2020 , 4:00-5:00 PM PST**

### **Training On-Site Location :**

**UNLV Medicine  
1707 W Charleston Blvd  
2nd Fl. Conference Room  
Las Vegas, NV 89102  
Phone: (702) 884-0534 |  
Email: sunme.wallace@unlv.edu**

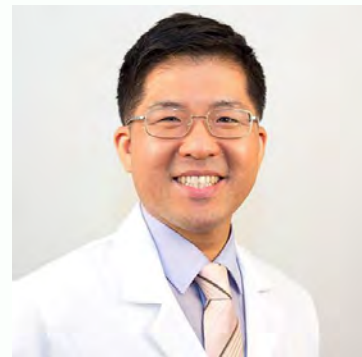
### **Virtually via Google Meet & Phone:**

**Upon registration, participants will receive an email for the Google Meet information. Google Meet can be connected via phone, tablet, and computer**



## Instructors:

**Ji Yoo, M.D.** is the Program Director of the NIHAN GWEP. He is a primary care provider serving acute hospital care, long-term care, and ambulatory care at the University of Nevada Las Vegas, School of Medicine. As the Program Director, he oversees interprofessional education about integrated geriatrics care and develops educational curriculum and clinical networks with community-based organizations. He engages in the community service by participating in the PCORI-funded "Enhancing Nevada Asian Community in Palliative Care". He and gerontology nurse practitioner, Gloria Mandel provide geriatric training to patients, caregivers, and community-based partners to aim to establishing Age-Friendly Health System and dementia-friendly community in Nevada. He graduated from the School of Medicine, Korea University, in South Korea and completed internal medicine and geriatric medicine training at Cleveland Clinic and the University of Michigan.



### **Gloria Mandel, MIR, MSN,**

**APRN, NP-C** is a master's prepared Nurse Practitioner and she joined the NIHAN project team as a trainer for patient and community education for establishing Age-Friendly Health System in Nevada. She is an attending provider and a member of the Post-Acute Care Specialists (PACS) Group providing post-acute care services, short-term skilled nursing, long-term care, rehabilitation, and palliative care services. She has extensive leadership experience in quality performance improvement and risk management. She is a Certified Rehabilitation Registered Nurse (CRRN). She graduated from Chamberlain University and completed Family Nurse Practitioner program. She also graduated with a Master in Industrial Relations from the University of the Philippines.



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