

GETTING YOUR AFFAIRS IN ORDER

Advance Care Planning

Use this checklist to ensure healthcare and financial arrangements are in place before serious illness or a healthcare crisis.



- ✓ **Start discussions early** with your loved one while everyone can still help make decisions

- ✓ **Create documents** that communicate **healthcare, financial management, and end of life** wishes for yourself and the people you care for, with legal advice as needed.



- ✓ **Review plans regularly**, and update documents as circumstances change.

- ✓ **Put important papers in one place.** Make sure a trusted family member or friend knows the location and any instructions.



- ✓ **Make copies of healthcare directives** to be placed in all medical files, including information on every doctor seen.

- ✓ **Give permission** in advance for a doctor or lawyer to talk directly with a caregiver as needed.



- ✓ **Reduce anxiety** about funeral and burial arrangements by planning ahead.



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