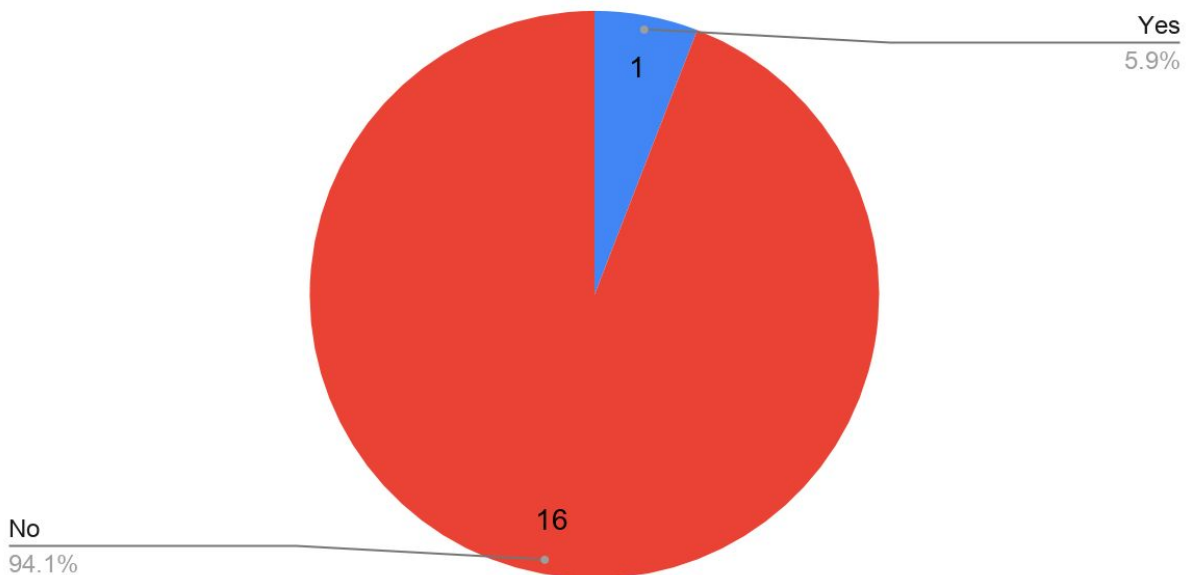


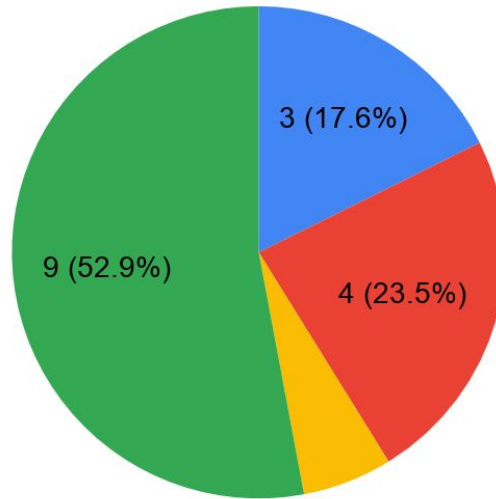
Eastern Area Agency on Aging (EAAA) Brain Health Survey Summary

- On December 14th, 2020, Eastern Area Agency on Aging held an online event, focused on Brain Health and Aging.
- Seventeen respondents completed a survey regarding how they learned of the event, whether it improved their knowledge, and how they plan to use what they learned.
- Most respondents were informed of the event through programs like Senior Companion Program, Hospice, or through email invitations.
- A plurality of respondents (42%) selected that they took part in the event due to concern about their own or someone else's brain health.
- A significant number of respondents (68%) felt more informed about brain health after the discussion
- The majority of respondents felt more confident discussing brain health with health care providers after the discussion (87%), and planned to use this knowledge in conversations with healthcare providers (87%).

Have you spoken with anyone at EAAA about this topic before?
(N=17)



How did you hear about today's presentation? (select all that apply) (N=17)



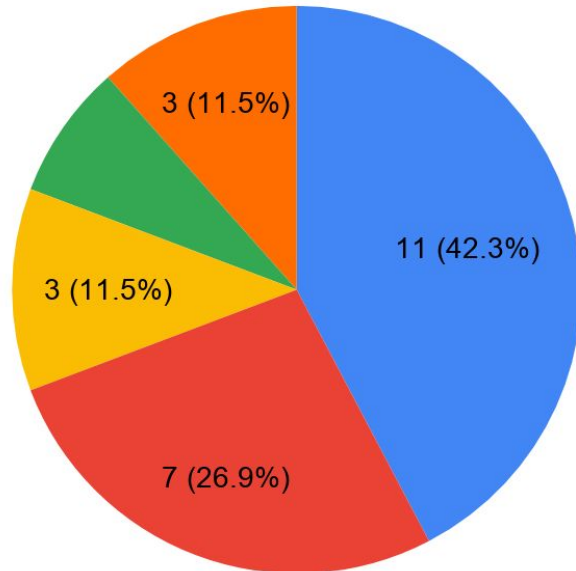
- From a friend or family member
- Social media
- From the EAAA Newsletter
- Somewhere else (please write-in)

Somewhere else (please write-in)

- Hospice of Hancock County
- Received an email invitation
- Received email from EAAA
- Hospice Volunteers Hancock County
- Senior Companion Program
- Senior Companion program
- Kelley Morris (Center on Aging Administrative Assistant)
- EnCorps
- WABI TV AM News

What prompted you to participate today? (select all that apply)
(N=17)

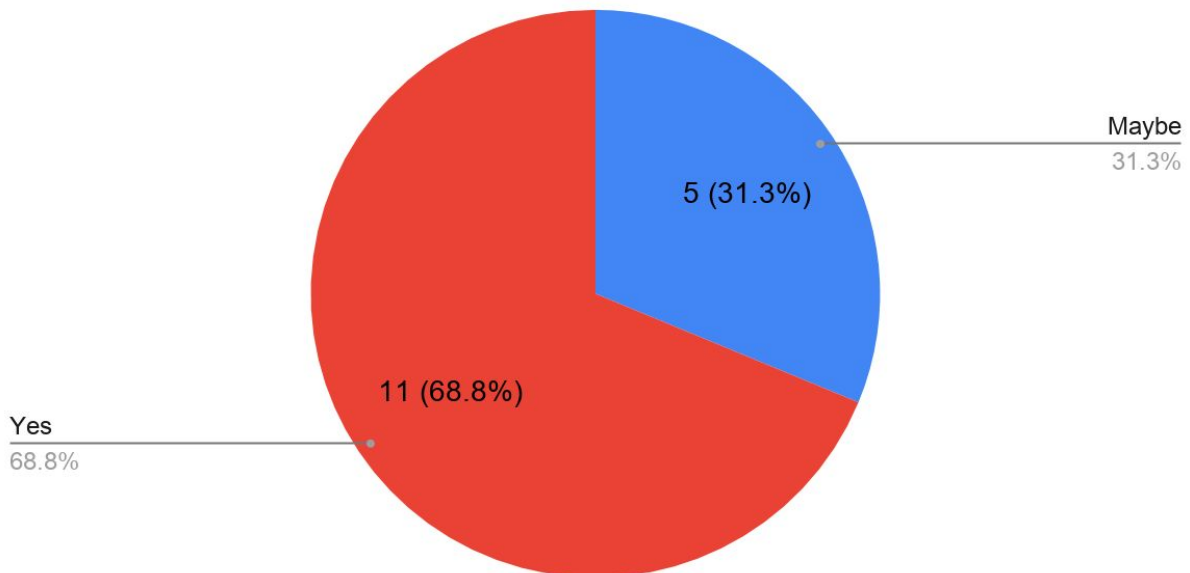
- Concern about brain health for myself or someone else
- General Interest
- Work-related interest
- Opportunity to interact with others
- Other (please write-in)



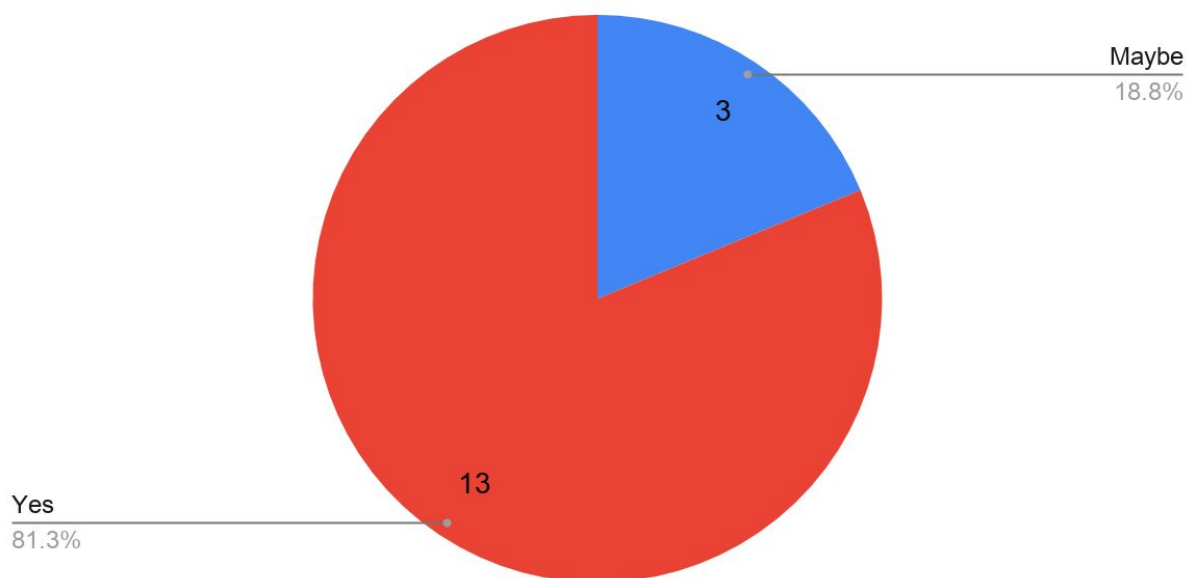
Other (please write-in)

- Community education
- My husband and I are elderly

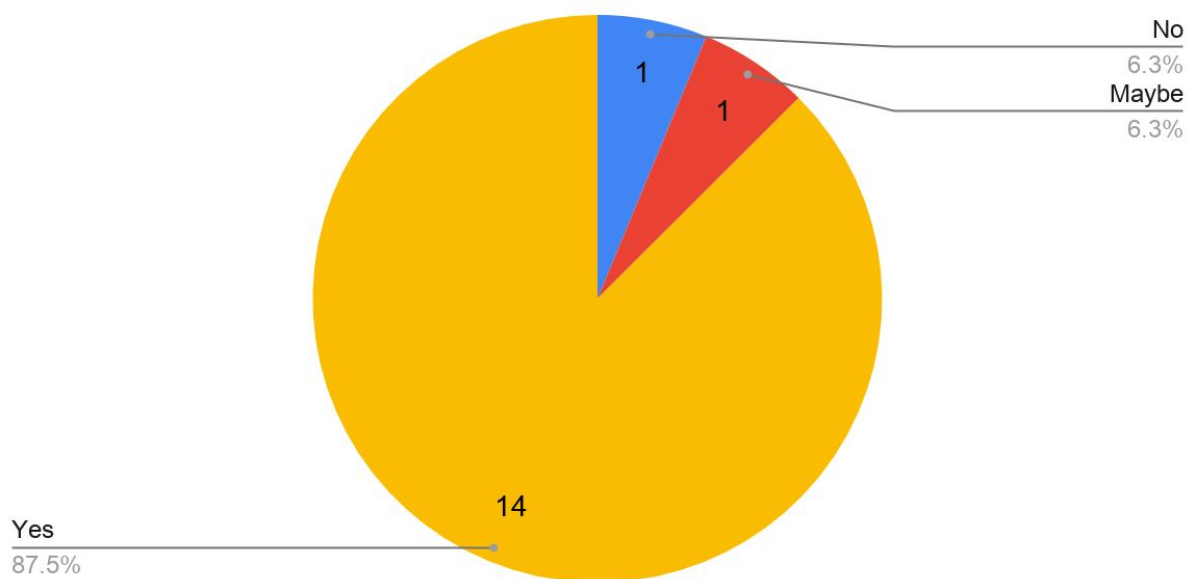
Do you feel better informed about brain health after today's discussion? (N=16)



After today's discussion, do you feel more confident about discussing brain health with your family? (N=16)



After today's discussion, do you feel more confident about discussing brain health with your healthcare provider? (N=16)



Do you plan to use the information you learned today to improve the conversations you have with your healthcare providers? (N=16)

- Maybe
- Yes

