

New Hampshire Hospital Virtual Grand Rounds

Borderline Personality Disorder

Meghan Coyle, LICSW

March 17, 2022

12:00-1:30 pm via Zoom

Biography: Meghan Coyle, LICSW is a former attorney turned social worker. She has been with the Mental Health Center of Greater Manchester in a variety of roles since 2011. She is currently the coordinator of North End Counseling, including supervising our team in Dialectical Behavioral Treatment for borderline personality disorder. She is a skills trainer/ group leader in DBT and trains other mental health providers in DBT strategies and treatment approaches. She is also trained in DBT-PE, which provides concurrent treatment for borderline personality disorder and PTSD, and DBT-S, treating borderline personality disorder and substance misuse concurrently.

Presentation: Understand the BPD diagnosis; recognize barriers to accurate diagnosis; identify relevant evidence based practices for BPD; be prepared to implement several therapeutic strategies when working with people with BPD

Participants will be able to:

1. Explain features of the Borderline Personality Disorder diagnosis.
2. Recognize barriers to accurate diagnosis.
3. Identify relevant evidence based practices for Borderline Personality Disorder.
4. Apply several therapeutic strategies for working with people with Borderline Personality Disorder.

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